



Health & Wellbeing  
at the Heart of  
Our Community

# HEALTH ON THE HIGH STREET



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Our Community

AT ALTON ASSEMBLY ROOMS

## OUR SERVICES



### WARM HUB

ENJOY FREE HOT DRINKS IN A  
RELAXED, WELCOMING SPACE.



### SUPPORTIVE ENVIROMENT

TALK TO ADVISORS ABOUT YOUR  
WORRIES, HOUSING, FINANCES,  
MEANTAL HEALTH, ETC.



### NO APPOINTMENTS NEEDED

THE HUB OFFERS FREE, WALK-IN  
ACCESS TO A RANGE OF SUPPORT  
SERVICES IN OUR COMMUNITY.  
WHETHER YOU NEED GUIDANCE,  
SIGNPOSTING TO LOCAL  
RESOURCES, OR JUST A FRIENDLY  
FACE TO TALK TO, WE'RE HERE  
FOR YOU.

YOUR LOCAL HUB FOR  
SUPPORT AND WELLBEING

FREE WALK-IN ACCESS TO  
A RANGE OF SERVICES IN  
OUR COMMUNITY.  
EVERYONE WELCOME!

## Our Partners



## LOCATION

 The Hub is open every  
Wednesday from 10 AM to 2 PM  
at Alton Assembly Rooms,  
High Street, Alton  
GU34 1BA

If attending with small children, please make sure they  
are supervised by an adult at all times.