

YOUR SCHOOL PICNIC MENU



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

MONDAY

Ham Sandwich
Vegetable Sticks
Fruit Wedges
Desert of the Day

TUESDAY

Vegetarian Sausage
Wrap
Vegetable Sticks
Fruit Wedges
Desert of the Day

WEDNESDAY

Ham Sandwich
Vegetable Sticks
Fruit Wedges
Desert of the Day

THURSDAY

Cheese Sandwich
Vegetable Sticks
Fruit Wedges
Desert of the Day

FRIDAY

Fish Finger Wrap
Vegetable Sticks
Fruit Wedges
Desert of the Day



 /hc3seducation

