



St. Matthew's C.E. Primary School
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Headteacher: Mrs K Pennicotte-Henrie

5th October 2020

Dear Parents

We all know how important the mental health and wellbeing of our children is to both parents and school staff. Many families have experienced changes to children's mental health during or since Lockdown. In school we take Mental Health very seriously and this year, we want to get involved with World Mental Health Day on Friday 9th October to raise funds for Young Minds.

By getting involved we are showing our children that together, we can look out for each other and feel hopeful for a great future.

At St. Matthew's, each class in the school will be completing a fun activity to promote positive mental health. The details of each activity will be shared with the children by their class teacher.

We would like to ask parents to make a £1 voluntary contribution. Please send the donation in with your child on Friday 9th October. All money raised will go to the Young Minds Charity (Registered Charity 1016968).

Thank you for your continued support.

Kind regards,

Mrs Buchanan
SENCO

Respect, Faith, Friendship, Achievement