

PE Long Term Plan 2022-2023

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2		
	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 3
Rainbows	Fundamentals of Movement	Forest School	Sending & Receiving	Forest School	Gym	Forest School	Net/Wall	Forest School	Athletics	Forest School	Striking & Fielding	Swimming	Forest School
Oak	Fundamentals of Movement	Forest School	Sending & Receiving	Forest School	Gym	Forest School	Net/Wall	Forest School	Athletics	Forest School	Striking & Fielding	Swimming	Forest School
Apple	Fundamentals of Movement	Forest School	Sending & Receiving	Forest School	Gym	Forest School	Net/Wall	Forest School	Athletics	Forest School	Striking & Fielding	Swimming	Forest School
Willow	Football	Forest School	Hockey	Forest School	Netball	Forest School	Gym	Forest School	Athletics	Forest School	Kwik Cricket	Swimming	Forest School
Ash	Tag Rugby – Hockey	Forest School	Handball – Football	Forest School	Basketball - Gym	Forest School	Volleyball	Forest School	Athletics	Forest School	Rounders	Swimming	Forest School
Sycamore	Football-Handball	Forest School	Hockey - Basketball	Forest School	Gym - Volleyball	Forest School	Tennis	Forest School	Athletics	Forest School	Kwik Cricket	Swimming	Forest School
Beech	Tag Rugby	Forest School	Handball	Forest School	Gym	Forest School	Tennis	Forest School	Athletics	Forest School	Rounders	Swimming	Forest School